

My Dance Journey

Kuchipudi is a dance form that originates in Andhra Pradesh, it is one of the 8 major classical dances in India and features intricate footwork, storytelling and dance drama. I've been learning Kuchipudi for nearly 11 years from 2012 to 2023, I've performed in over 15 shows, know 7 items(stories) fully and I believe every stage performance teaches you something new whether it's adapting to your surroundings or the art of quick change, you are constantly self-improving.

Kuchipudi dance is a strenuous form of dance that requires physical effort, mental strength, and a strict diet to be successful. The Abhinaya, or expressions, is my favourite part of the dance, as they help connect with characters' emotions and help understand their inner workings. This skill is applied in real life, especially when I volunteer at shelters with children who often find it hard to open up. Bhakti, or devotion, is a central theme in Kuchipudi, often depicting stories from Hindu mythology. Injuries are a very common fate of any physical activity, one which I have suffered very badly, however I always found myself pushing through. Dance teaches valuable life lessons such as hard work, integrity, history, and kindness through music and rhythmic movements. My journey has not been without pitfalls but the feeling of liberation when you dance makes the journey worth it.



To whom it may concern,

This is to certify that Kasu Akshitha Reddy has been training as my student in the classical dance form of KUCHIPUDI at my institute NATYA TARANGINI HYDERABAD, from the year 2012 to 2023 for a duration of 12 years.

NATYA TARANGINI was established in the year 1976 by Kuchipudi dance legends Padma Bhushan awardees (second highest civilian recognition of India) Drs Raja and Radha Reddy and Kaushalya Reddy. Natya Tarangini is a unique performing arts center encompassing all aspects of classical Indian art forms.

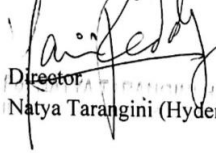
In 2007 under my aegis, they opened the Hyderabad chapter. As a Kuchipudi dancer, teacher and choreographer, I have had the honor of receiving many prestigious awards both national and international for my work.

Kasu Akshitha Reddy embarked on her dance journey at the age of 7, with us at Natya Tarangini, Hyderabad. Over the years she has developed an admiration and enthusiasm for the dance form of Kuchipudi. Years of training at my institute has helped her develop an understanding of the various aspects of the art form and inculcate a sense discipline and consistency in work. In addition to this, she has been encouraged to think creatively and work closely with her classmates during concerts to hone her teamwork skills.

Akshitha is a sincere and dedicated student and is able to take constructive criticism positively and build upon it. She engages in productive discussions in the class as well. Akshitha is also able to deliver results under high pressure circumstances. Most of all she has a passion for the art form and has put in significant time and effort to learn it.

I believe Kasu Akshitha Reddy will be a valuable addition to your institution and hereby recommend her for further pursuit of higher education in your esteemed program.

Yamini Reddy



Director
Natya Tarangini (Hyderabad) MUSIC